# Sing and Play the Kodály Way More Songs and Games for Grades $4-8$ 



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## My Mama's Callin' Me

drmsld' African/American circle game


Formation: Stand in a circle while holding hands. One student is chosen to be in the middle and be the caller "C".

Game: Those in the circle side step (left foot steps to the side, then right foot steps to meet the left foot). During this time, the Caller in the middle sings his/her part and those in the circle sing the response.
Where there are x's above the notes/words, those forming the circle release hands and pat the sides of their own legs. Each $\mathbf{x}$ represents a pat. The person in the center tries to escape during those brief moments of oppotunity.

Source: Donna Devane: Fall 2012

## As I Was Walking Down the Street

A Rig a Jig Jig



Game: Form a double circle and walk clockwise in promenade position. At the refrain, inside circle reverses direction and walks counter clockwise until the phrase, "Hi, ho." Join right hands with new partner; return to promenade position to begin the game again.


## Passing Game:

Students sit in a circle, knee to knee, with one student sitting in the center.
Students cup left hand and pass a gold piece around counter-clockwise ("pick-up and pass" with the RH)
Center student guesses who has the gold at the end of the song.

## Source: Ginger Littleton

## Down the River



FORMATION: Double line of partners, facing each other, about 6 feet apart.
A: 1-4 Lines move forward with 3 steps, bowing/courtsying on beat 4
5-8 Lines move backward with 4 steps.
A: 9-16 Foot Couple at bottom of set join hands and sashay up to the top.
At the same time, all other couples take 1 step toward the bottom of the set.
Each succceeding Foot Couple sashays to the top on the word "down", for remainder of Refrain. In each Refrain, six couples will sashay up the set.

## Weevily Wheat



Game: Designate a leader for each set of four people, right hands touching in center (flower) or form Texas Star (right hands grab each others right wrists - leader to person on left, etc.). Walk clockwise while singing first two phrases. Stop, drop hands, and turn to center on "Charlie". At "Five times five", leader begins alternate hand stacking on top of each person's hand, first right hands, then left hands, clockwise from leader. Hands are pulled out from the bottom of the stack and placed on top of the hand stack through the refrain. Repeat. [Other multiplication tables can be used on successive repeats.]

## Four White Horses

U.S. Virgin Islands Folk Song


Formation: 4 person square, partners opposite of each other.
Action: Measures 1-2 All clap hands out to the side, clapping neihbor's palm for 8 beats.
Measures 3-8 Beat 1: 'Ones' clap partner's palms above shoulder level, while 'Twos' clap partner's below them
Beat 2: All clap own hands
Beat 3: Reverse what was done on beat one
Beat 4: All clap own hands
Measures 9-14 Beat 1: 'Ones' clap palms of neighbors on right and 'Twos' clap neigbors on left.
Beat 2: Clap own hands together
Beat 3: Reverse what was done on beat one
Beat 4: Clap own hands together
Option 2 - after the above is mastered
Around the world (partner, neighbor, partner, neighbor)
Option 3 - After the 2nd option is mastered
Around the world and back again.

Collected by Floise Lindgren, 1960

## Our Old Sow



Game:
Materials needed: instrument to signal "turn"
Class stands in several straight rows, all facing the same direction with arms out.
These students form "rows of corn."
After the song is sung, one student, the farmer, attempts to tap the sow.
At a signal played by the teacher, the whole group turns $90^{\circ}$,
(This will switch the corn rows from horizontal to vertical.)
They can move through the "streets and alleys" of the lines, but they cannot go under or through the lines of arms.

Source:Tanya LeJeune/

## Tarzan the Monkey Man



Formation: sitting circle. Sutdents with hands resting on knees, palms up, right hand on top of neighbor's hand.
The beat is passed around the circle in the hands during the song.
The student who is tapped on "what" chooses a color.
The class spells out the color with the beat in the hands again.
The person who is tapped on the last latter of the color is out.
(The last person may pull out their hand resulting in the second to last tapping himself, in which case that person is out.)

Source: Tanya LeJeune/Melissa Roth

## Alabama Gal


2. I don't know how, how, (3 times)

Source: American Play Parties, Pete Seger
3. I showed you how, how, ( 3 times)
4. Ain't I rock candy? (3 times)

Formation: Two lines; boys in one, girls in the other.
Action: Vs. 1 - Head couple join hands and sashay down and up the center.

## Vs. 2, 3, \& 4

A) Head couple links right arms, turns 1.5 times,
B) then give left arm to the persons in the line (opposite line of your own)
C) after reeling the one in the line, couple links right arms again and turns around 1 time.
D) Repeat B and C until all people in each line have been turned by the head couple. They become the foot of the set.

After verse 4 is sung, the next couple starts down the center, sasheying only as far as the other couple (who are reeling), then return to the head of the set and start reeling ( $\mathrm{A}, \mathrm{B}, \mathrm{C}$ above).

## Ye Toop Doram



## Formation: Sitting Circle

Game: Pass tennis balls to the right starting on the downbeat. On "Yek! Do! Seh!," stop passing the ball. The teacher calls out the person's name who goes into the middle of the circle. On "Ghel, ghel....," students, roll tennis balls trying to hit the feet of the student in the center as he/she trys to dodge the balls. After the center student is hit three times, the game begins again.

Translation: "Ye too doram" means "I have the ball;" "Yek! Do! Seh!" means "1, 2, 3;" and "Lool be day" is "Roll it away"

