



# The Supplement Psalter

## Psalm 142

Supplement p. 60; Accompaniment for Refrain p. 57

Chant by Samuel Wesley (1766-1837)

**Refrain: I cry aloud to the Lord; I raise my voice to God;  
I cry aloud to the Lord, my God: Lord, have mercy.**

I cry a - loud to the Lord; I lift up my voice to the LORD for mercy.

I pour out my com - plaint be - fore him; before him I tell my trou - ble.

When my spirit grows faint with - in me, it is you who know my way.

Look to my right and see; no one is con - cerned for me. I have no refuge; no one cares for my life.

**Refrain: I cry aloud to the Lord; I raise my voice to God;  
I cry aloud to the Lord, my God: Lord, have mercy.**

I cry to you, O LORD; I say, "You are my refuge, my portion in the land of the living."

Listen to my cry, for I am in des - perate need;

rescue me from those who pursue me, for they are too strong for me.

Set me free from my prison, that I may praise your name.

Then the righteous will gather a - bout me because of your good - ness to me.

Glory be to the Father and to the Son and to the Ho - ly Spir - it,

as it was in the be - gin - ning, is now, and will be for - ev - er. A - men.

**Refrain: I cry aloud to the Lord; I raise my voice to God;  
I cry aloud to the Lord, my God: Lord, have mercy.**